

ALL-STAR Baseball/Softball

ACADEMY & TRAINING CENTER

Skill Training And Repetition

Classes will train 2 times per week for 4 weeks

****Times may be adjusted / determined by total number of players attending****

Now is the time to begin off-season practice and prepare for the upcoming spring season

Ages 6-9

\$72.00 / Player

Mon/Wed 5:45-6:50pm

This program establishes an excellent foundation of baseball skills for our younger ball players. For our students instruction is the #1 priority. Fundamentals are stressed in all aspects of the game. Player's improve skills, knowledge and conditioning and develop self confidence in all aspects of baseball. Instruction is age appropriate and tailored to each player's specific needs.

Ages 9-12

\$75.00 / Player

Mon/Wed 6:50-8:00pm

This skills class provides a great opportunity for young players to advance their baseball careers. The fundamentals of Hitting, Pitching, Fielding and Base Running are all stressed in a more intensive off season training and instructional format. Players can expect to improve skills, knowledge as well as conditioning and strength in every aspect of their games.

Ages 13-18

\$79.00 / Player

Mon/Wed 8:00-9:15pm

This intensive instructional program combines fundamental training with high repetition covering all major aspects of baseball as well as strength, speed, agility, and conditioning. Our Students enjoy a competitive edge on the field by being provided the very best instruction and in turn are able to take the next step in their development. Players are pushed to excel and continuously evaluated to monitor improvement.

Select Program 5-8 9-12 13-17

Name _____

Street Address _____

City _____ State _____ Zip _____

Phone _____ Age _____

Email _____